



Rang	Nr.	Name	Vorname	JG	Laufzeit	Diff
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Walk 5km w

1	108	Viechter	Martina	1966	42:33.0	
2	107	Morell	Nirmala	1983	43:05.5	32.5
3	111	Storchenegger	Anna	1981	43:06.3	33.3
4	104	Giovanoli	Sabina	1973	43:32.3	59.3
5	110	Odoni	Nadine	1986	1:02:57.1	20:24.1
6	109	Jörg	Nina	1955	1:02:58.0	20:25.0

Walk 5km m

1	123	Bodoni	Mauro	2015	42:30.0	
2	112	Bongetti	Ivano	1973	44:46.6	2:16.6
3	106	Odoni	Peter	1958	1:02:59.6	20:29.6

Run 5km w

1	118	Itin	Deborah	1996	23:14.4	
2	119	Bechtiger	Annina	2000	24:37.8	1:23.4
3	101	Schneider	Bianca	1985	25:55.4	2:41.0
4	113	Zirlik	Leonie	2007	26:54.7	3:40.3
5	120	Gronau	Antje	1975	27:25.7	4:11.3
6	105	Gabriel	Jana	2012	29:11.9	5:57.5
7	102	Guidon	Jolanda	1984	30:08.7	6:54.3
8	121	Würmli	Daria	2015	33:21.1	10:06.7

Run 5km m

1	114	Cafilisch	Nino	2012	22:04.2	
2	115	Cafilisch	Leo	2012	23:31.5	1:27.3
3	103	Guidon	Gianin	2015	24:53.0	2:48.8
4	122	Janutin	Yanik	2012	26:13.2	4:09.0
5	117	Bircher	Robin	1996	26:41.4	4:37.2
6	116	Bircher	Daniel	1968	26:41.8	4:37.6

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Rang	Nr.	Name	Vorname	JG	Laufzeit	Diff
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Run 10km w

1	7	Meyer	Jacqueline	1999	50:03.1	
2	5	Zimmermann	Jolanda	1987	57:13.0	7:09.9
3	17	Huhn	Diana	1977	57:26.8	7:23.7
4	15	Coray	Lea	1992	59:33.5	9:30.4
5	14	Mazzotti	Martina	1977	1:01:33.5	11:30.4
6	29	Würmli	Ronja	2013	1:04:43.4	14:40.3
7	4	Capadrutt	Claudia	1977	1:07:40.5	17:37.4

Run 10km m

1	22	Carl	Leon	1994	39:02.3	
2	24	Maissen	Gianluca	2006	41:09.9	2:07.6
3	33	Janutin	Andy	1984	45:53.4	6:51.1
4	13	Janutin	Sascha	1987	45:59.0	6:56.7
5	8	Basig	Peter	1983	46:18.2	7:15.9
6	6	Hochmann	Roland	1971	47:06.6	8:04.3
7	23	Kolp	Urs	1968	47:53.5	8:51.2
8	28	Flütsch	Peter	1978	47:53.8	8:51.5
9	32	Ritter	Jürg	1974	49:02.5	10:00.2
10	3	Vonau	Mario	1988	49:31.0	10:28.7
11	12	Ritter	Jan	2007	52:44.1	13:41.8
12	10	Pitaro	Lorenzo	2011	52:44.9	13:42.6
13	20	Von Winklewski	Florian	1980	53:44.7	14:42.4
14	11	Caflich	Maurus	1981	54:27.1	15:24.8
15	31	Buschauer	Andrea	1988	55:31.0	16:28.7
16	9	Pally	Pascal	1980	55:31.9	16:29.6
17	18	Schmid	Nico	2010	57:13.8	18:11.5
18	1	Waldispühl	Markus	1990	58:10.3	19:08.0
19	30	Da Silva	Digoo	1987	58:48.6	19:46.3
20	16	Furjan	Martin	1995	1:00:40.0	21:37.7
21	21	Pfister	Matthias	1988	1:02:36.1	23:33.8
22	34	Spinas	Flavio	1974	1:03:12.2	24:09.9
23	19	Schmid	Adrian	1972	1:03:38.7	24:36.4
24	2	Caminada	Stefan	1980	1:04:54.5	25:52.2

Kids

1	224	Guidon	Gianin	2015	6:55.9	
2	238	Odoni	Mauro	2015	7:25.7	29.8
3	225	Guidon	Sina	2017	8:00.0	1:04.1
4	234	Silva	Tiago	2015	8:21.8	1:25.9
5	233	Rizzi	Madlaina	2013	8:24.8	1:28.9
6	239	Flütsch	Sarah	2014	8:25.5	1:29.6
7	235	Gabriel	Lenia	2014	8:25.8	1:29.9
8	227	Brückmann	Ley-Ann	2015	8:34.3	1:38.4
9	231	Würmli	Daria	2015	8:37.3	1:41.4
10	230	Müller	Levin	2020	8:50.4	1:54.5
11	236	Hemmi	Lia	2012	8:53.6	1:57.7
12	226	Hochmann	Kiana	2016	9:05.9	2:10.0

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Rang	Nr.	Name	Vorname	JG	Laufzeit	Diff
Kids						
13	223	Caminada	Aline	2017	9:13.5	2:17.6
14	220	Schneider	Elina	2016	9:17.4	2:21.5
15	221	Nyffenegger	Nina	2020	9:23.5	2:27.6
16	228	Schneller	Elina	2016	9:28.6	2:32.7
17	232	Silva	Ilana	2013	9:52.5	2:56.6
18	222	Caminada	Mattia	2018	10:20.9	3:25.0
19	237	Odoni	Elina	2018	10:39.3	3:43.4
20	229	Schneller	Samea	2020	10:50.7	3:54.8
21	219	Schneider	Nino	2020	10:57.2	4:01.3
22	240	Zingg	Dario	2020	11:04.7	4:08.8

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