



Rang	Nr.	Name	Vorname	JG	Laufzeit	Diff
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**Walk 5km w**

1	120	<b>Anna</b>	<b>Krapf</b>	1957	40:03.3	
2	144	<b>Karin</b>	<b>Schneebeli</b>	1963	45:19.7	5:16.4
3	121	<b>Daniela</b>	<b>Jost</b>	1961	46:18.0	6:14.7
4	129	<b>Martina</b>	<b>Fiechter</b>		1:01:40.3	21:37.0
5	128	<b>Sina</b>	<b>Tarnutzer</b>		1:01:58.8	21:55.5
6	130	<b>Nadine</b>	<b>Odoni</b>		1:02:06.0	22:02.7
7	127	<b>Nina</b>	<b>Jörg</b>		1:02:07.1	22:03.8

**Walk 5km m**

1	107	<b>Pascal</b>	<b>Porchet</b>	1972	37:00.4	
2	105	<b>Ivano</b>	<b>Bongetti</b>	1973	1:02:10.4	25:10.0
3	106	<b>Peter</b>	<b>Odoni</b>	1958	1:02:14.9	25:14.5

**Walk 10km w**

1	61	<b>Mirta</b>	<b>Vincenz</b>	1952	1:28:17.3	
2	27	<b>Sabina</b>	<b>Giovanoli</b>	1973	1:31:21.1	3:03.8
3	17	<b>Renate</b>	<b>Leibundgut</b>	1977	1:31:22.8	3:05.5
4	41	<b>Nirmala</b>	<b>Morell</b>		1:47:09.4	18:52.1
5	42	<b>Anna</b>	<b>Storchenegger</b>		1:59:32.7	31:15.4
5	40	<b>Fiona</b>	<b>Glünkin</b>		1:59:32.7	31:15.4

**Run 5km w**

1	137	<b>Nicole</b>	<b>Battaglia</b>	1987	19:28.7	
2	132	<b>Deborah</b>	<b>Itin</b>	1996	23:00.9	3:32.2
3	135	<b>Alina</b>	<b>Caluori</b>	2007	24:11.1	4:42.4
4	139	<b>Nina</b>	<b>Sprecher</b>	2005	27:12.1	7:43.4
5	124	<b>Antje</b>	<b>Gronau</b>	1975	27:57.5	8:28.8
6	138	<b>Jessica</b>	<b>Baumann</b>	1986	28:02.3	8:33.6
7	111	<b>Bianca</b>	<b>Schneider</b>	1985	28:19.0	8:50.3
8	110	<b>Jasmin</b>	<b>Pernter</b>	1985	28:20.4	8:51.7

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Rang	Nr.	Name	Vorname	JG	Laufzeit	Diff
<b>Run 5km w</b>						
9	133	Jolanda	guidon	1984	28:27.8	8:59.1
10	123	Alina	Kiefer	1984	29:00.4	9:31.7
11	116	Carola	Müller	1979	29:47.7	10:19.0
12	112	Claudia	Eisenhans	1978	29:49.6	10:20.9
13	118	Nerea Nelly	Moretti	1993	29:59.0	10:30.3
14	103	Xenia	Gujan	2002	30:04.7	10:36.0
15	141	Sesea	Hartmann	1997	31:07.5	11:38.8
16	134	Livia	Caminada	2012	31:33.5	12:04.8
17	122	Jennifer	Flisch	1977	32:01.7	12:33.0
18	101	Céline	Zahner	2000	33:36.8	14:08.1
19	102	Rahel	Hautle	1998	33:37.9	14:09.2

### Run 5km m

1	140	Noe	Krättli	1996	21:19.0	
2	119	Andre	Pasquale	2010	22:32.0	1:13.0
3	104	Toni	Ferati	1981	23:51.9	2:32.9
4	142	Nando	Niggli	2012	23:56.2	2:37.2
5	126	Roman	Spadarotto	1983	26:09.1	4:50.1
6	108	Kim	Porchet	2007	26:15.4	4:56.4
7	131	Robin	Bircher		26:56.4	5:37.4
8	143	Daniel	Pircher	1986	26:57.9	5:38.9
9	117	Oliviero	Moretti	1994	30:00.9	8:41.9
10	136	Lionel	Caluori	2011	34:17.8	12:58.8

### Run 10km w

1	33	Vivienne	Widmer	1999	48:01.7	
2	52	Petra	Casty	1986	48:35.0	33.3
3	19	Nadja	Eigner	1986	49:05.2	1:03.5
4	6	Anja	Trinkler	1994	49:06.8	1:05.1
5	54	Cordula	Gisler	1980	49:11.6	1:09.9
6	14	Jacqueline	Meyer	1999	51:04.3	3:02.6
7	53	Sina	Brunold	2003	52:28.5	4:26.8
8	68	Selina	Würmli	1981	52:41.2	4:39.5
9	24	Martina	Mazzotti	1977	54:29.3	6:27.6
10	10	Laura	Wendschuh	1989	54:31.5	6:29.8
11	56	Jolanda	Zimmermann	1987	55:06.7	7:05.0
12	45	Cecile	Tomaschett	182	55:22.7	7:21.0
13	77	Lea	Beer	2001	57:04.0	9:02.3
14	76	Jenny	Pally	1979	57:54.8	9:53.1
15	1	Sandra	Neurauter	1970	59:07.3	11:05.6
16	29	Denise	Wey	1997	59:09.4	11:07.7
17	22	Xenia	Weber	2007	1:01:38.3	13:36.6
18	65	Veronika	Busch	1988	1:03:31.6	15:29.9
19	67	Ronja	Würmli	2013	1:04:24.7	16:23.0
20	69	Dorothea	Kübitz	1986	1:05:14.9	17:13.2
21	32	Claudia	Capadrutt	1977	1:08:12.4	20:10.7
22	48	Anna	Tokarska	1992	1:08:39.4	20:37.7

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Rang	Nr.	Name	Vorname	JG	Laufzeit	Diff
<b>Run 10km w</b>						
23	2	<b>Carmen</b>	<b>Gartmann</b>	1970	1:09:17.4	21:15.7
24	51	<b>Adriana</b>	<b>Jederzejewska</b>	1996	1:09:41.2	21:39.5
25	47	<b>Sabina</b>	<b>Soliva</b>	1970	1:19:14.0	31:12.3

### Run 10km m

1	62	<b>Jonas</b>	<b>Baumann</b>	1990	35:22.5	
2	3	<b>Gian-Luca</b>	<b>Michael</b>	1991	37:22.6	2:00.1
3	71	<b>Leon</b>	<b>Brendel</b>	1991	42:44.4	7:21.9
4	58	<b>Remo</b>	<b>Ratschob</b>	1971	42:47.6	7:25.1
5	70	<b>Corsin</b>	<b>Arpaugaus</b>	1976	44:24.1	9:01.6
6	12	<b>Peter</b>	<b>Basig</b>	1983	45:03.1	9:40.6
7	9	<b>Kai</b>	<b>Wendschuh</b>	1988	45:41.9	10:19.4
8	75	<b>Noele</b>	<b>Bebi</b>	2009	46:03.4	10:40.9
9	74	<b>Enio</b>	<b>Walter</b>	2009	46:04.2	10:41.7
10	64	<b>Thomas</b>	<b>Gredig</b>	1984	46:23.2	11:00.7
11	30	<b>Torsten</b>	<b>Keller</b>	1977	46:29.8	11:07.3
12	7	<b>Mario</b>	<b>Vonau</b>	1988	46:52.7	11:30.2
13	4	<b>Pirmin</b>	<b>Pfister</b>	1987	47:08.1	11:45.6
14	37	<b>Pascal</b>	<b>Zingg</b>	1982	47:48.6	12:26.1
15	63	<b>Ursin</b>	<b>Battaglia</b>	1986	48:55.9	13:33.4
16	73	<b>Livio</b>	<b>Giger</b>	2003	49:15.8	13:53.3
17	72	<b>Jan</b>	<b>Giger</b>	1982	49:16.3	13:53.8
18	15	<b>Daniel</b>	<b>Lötscher</b>	1964	50:09.6	14:47.1
19	49	<b>Yanis</b>	<b>Lassmann</b>	2010	51:52.1	16:29.6
20	78	<b>Pascal</b>	<b>Klaiss</b>	1955	52:25.9	17:03.4
21	50	<b>Gianluca</b>	<b>Fausch</b>	2013	53:15.3	17:52.8
22	59	<b>Andreas</b>	<b>Buschauer</b>	1988	53:17.8	17:55.3
23	35	<b>Pascal</b>	<b>Pally</b>	1980	53:19.3	17:56.8
24	44	<b>Michael</b>	<b>Forster</b>	1973	54:03.1	18:40.6
25	8	<b>Maurus</b>	<b>Cafilisch</b>	1981	54:16.6	18:54.1
26	13	<b>Julian Kian An</b>	<b>Wyss</b>	1987	54:43.5	19:21.0
27	55	<b>Fluroin</b>	<b>Guidon</b>	1988	55:03.3	19:40.8
28	25	<b>Jamie</b>	<b>Kiefer</b>	2006	55:57.4	20:34.9
29	66	<b>Stefan</b>	<b>Busch</b>	1985	57:35.5	22:13.0
30	21	<b>Armin</b>	<b>Gartmann</b>	1979	57:36.6	22:14.1
31	81	<b>Kevin</b>	<b>Mark</b>	1992	58:11.2	22:48.7
32	80	<b>Severin</b>	<b>Mark</b>	1994	58:12.0	22:49.5
33	39	<b>Nico</b>	<b>Schmid</b>		58:34.3	23:11.8
34	26	<b>Michel</b>	<b>Kiefer</b>	1987	58:35.1	23:12.6
35	31	<b>Alesio</b>	<b>Leston</b>	1991	59:03.2	23:40.7
36	20	<b>Gregor</b>	<b>Mittner</b>	1988	1:00:10.4	24:47.9
37	60	<b>Maurus</b>	<b>Vincenz</b>	1949	1:00:55.8	25:33.3
38	38	<b>Adrian</b>	<b>Schmid</b>		1:02:50.2	27:27.7
39	43	<b>Ennio</b>	<b>Donati</b>		1:03:03.3	27:40.8
40	5	<b>Nico</b>	<b>Kutyik</b>	2005	1:04:01.8	28:39.3
41	57	<b>Markus</b>	<b>Bauhofer</b>	1970	1:04:06.6	28:44.1
42	79	<b>Jean-Marie</b>	<b>Zogg</b>	1951	1:05:37.4	30:14.9

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Rang	Nr.	Name	Vorname	JG	Laufzeit	Diff
<b>Kids</b>						
1	203	<b>Nino</b>	<b>Cafilisch</b>	2012	6:43.2	
2	202	<b>Leo</b>	<b>Cafilisch</b>	2014	6:44.5	01.3
3	217	<b>Gianluca</b>	<b>Fausch</b>	2013	6:58.4	15.2
4	216	<b>Laurin</b>	<b>Nyffenegger</b>	2016	6:59.1	15.9
5	208	<b>Gianin</b>	<b>Guidon</b>	2015	6:59.8	16.6
6	213	<b>Anna</b>	<b>Spadorotto</b>	2015	7:15.5	32.3
7	206	<b>Giulia</b>	<b>Leston</b>	2014	7:24.4	41.2
8	212	<b>Elias</b>	<b>Gredig</b>	2018	8:59.6	2:16.4
9	210	<b>Mattia</b>	<b>Caminada</b>	2018	9:00.6	2:17.4
10	218	<b>Benn</b>	<b>Schwarz</b>	2016	9:10.7	2:27.5
11	215	<b>Daria</b>	<b>Würmli</b>	2015	9:15.6	2:32.4
12	209	<b>Sina</b>	<b>Guidon</b>	2017	9:25.8	2:42.6
13	205	<b>Elina</b>	<b>Schneider</b>	2016	10:03.3	3:20.1
14	214	<b>Amalia</b>	<b>Correa</b>	2016	10:04.0	3:20.8
15	204	<b>Andrina</b>	<b>Pernter</b>	2017	10:04.8	3:21.6
16	207	<b>Mauro</b>	<b>Pfister</b>	2017	10:11.2	3:28.0
17	201	<b>Mats</b>	<b>Zingg</b>	2017	10:25.7	3:42.5
18	211	<b>Levin</b>	<b>Müller</b>	2020	10:38.2	3:55.0

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